

LCS Parent Guidelines and Code of Conduct

Starting with the 2016/2017 school year

Lifestyle Christian School philosophy of educating the whole child applies to athletics and sports as well as to their academic and faith-based life. When students participate in club sports, intramurals, fitness activities or varsity teams, they do so as a part of their total educational experience – building skills of commitment, sportsmanship, leadership and teamwork. Athletics at **LCS** offer proof that athletic and academic success may thrive together in a supportive environment. As your children become involved in the athletic programs at **Lifestyle Christian School**, they will experience some of the most rewarding moments of their lives. Research indicates that a student involved in an extracurricular activity has a greater chance of success during adulthood. Many of the character traits required to be a successful participant in the **Lifestyle Christian School** athletic program are exactly those that will promote a successful life after high school. We hope the information provided within this Parent Guidelines and Code of Conduct makes both you and your child's experience with the **Lifestyle Christian School** Athletic Program enjoyable and beneficial.

Parent/Coach Relationship

Both parenting and coaching are challenging vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefits to the student-athletes. As parents, when your child becomes involved in our program, you have a right to understand the expectations that are placed on your child. This begins with clear communication from the coach of your child's team.

Communication You Should Expect from your Child's Coach

1. Information about members of the coaching staff and which coaches may be specifically working with your child.
2. Expectations the coach has for your child as well as all the players on the team.
3. Location and beginning and ending times of practices and contests.
4. Team requirements, i.e. fees, special equipment, off-season conditioning, specific team rules.
5. Procedures should your child be injured during practice or a contest.
6. Discipline procedures that may result in the denial of your child's participation.

Communication Coaches Expect from Parents

1. Concerns expressed directly to the coach.
2. Notification of any schedule conflicts well in advance.
3. Specific concerns in regards to a coach's philosophy and/or expectations.
4. Specific medical problems that could adversely impact your child's performance or safety. It is important to understand that there also may be times when things do not go the way you or your child wish. At these times, face-to-face discussion (not texting, calling, nor emailing) with the coach is encouraged.

Appropriate Concerns to Discuss with Coaches

1. The treatment of your child mentally and physically.
2. Ways to help your child improve.
3. Concerns about your child's behavior.
4. Family concerns that may have an emotional impact upon your child and his or her athletic participation. It is very difficult to accept your child's not playing as much as you may hope. Coaches make judgment decisions based on what they believe to be best for the team and for all the student-athletes involved. As you have seen from the list above, certain things may be and should be discussed with your child's coach. Other things, such as the items below, must be left to

the discretion of the coach.

Issues Not Appropriate to Discuss with Coaches

1. Playing time, team strategy, play callings, lineups, substitutions, and other student-athletes on the team. It is not appropriate to make derogatory statements about anyone on the team or coach.

Unacceptable Contact with Your Child's Coach

1. Prior to and during practice.
2. Prior to, during or after a contest.

These are typically either very busy times or, in the case of a contest, emotional times for all parties involved. Things may and will be said that are not meant. Meetings of this nature do not promote resolution. There are situations that may require a conference between the coach and the parent.

These are to be encouraged. It is important that both parties have a clear understanding of the other's position. When these conferences are necessary, the following procedure should be followed to help promote a resolution. We ask that you make your contact with the coach first.

Though we understand your desire to talk with the Athletic Director or Administration first, those phone calls first will be referred to the appropriate coach.

If You Have a Concern to Discuss with a Coach, This is the Procedure You Should Follow:

1. Call the school to set up an appointment with the coach. (936-756-9383)
2. If the coach cannot be reached, speak with the Principal (936-756-9383) to help schedule the meeting.

What Can a Parent Do If the Meeting with a Coach Did Not Provide a Satisfactory Resolution?

1. Call and set up a meeting with the Athletic Director to discuss the situation.
2. At this meeting the appropriate next step may be determined.

Parent or Guardian Code of Conduct

The purpose of the Parent or Guardian Code of Conduct is to develop parental support and positive role models for our athletic program. In the tradition of excellence, one purpose of Lifestyle Christian School's athletic program is to promote the physical, moral, mental, social, and emotional well-being of each student and all of our student-athletes. Parents and guardians are an integral part of this process.

Parent or Guardian Code of Conduct

1. Pledge to provide positive support, care and encouragement to my student-athlete and his or her team.
2. Pledge to provide positive support and encouragement to the **visiting team, respecting their players, coaches and school.**
3. Maintain positive behavior and attitude physically and verbally at all athletic contests.
4. Respect the position and professionalism of the game official/officials.
5. Refrain from the use of foul language.
6. Refrain from yelling criticism at my student-athlete, his/her team members and his/her coach.
7. Refrain from making derogatory comments to players, other parents, game officials or school administrators. This includes LCS or the other team.
8. Refrain from interfering with the LCS coach or the other team coach.
9. Willing to let the coach be responsible for my son or daughter during practice, games and team-related activities.
10. Will assist in providing for student safety and welfare.
11. Will sign and submit, with accurate information, all required student-athlete handbook forms to the Athletic Department.
12. Will not attempt to circumvent any rules or guidelines of Lifestyle Christian School or the Texas

Association of Private and Parochial School (TAPPS).

- 13. Will endeavor to uphold the vision of Lifestyle Christian School Athletic Department which is to train my student-athlete to be the best athletic possible and build Christian character every day.

Violation of this Code of Conduct will be handled on a case-to-case basis!

Parent or Guardian Agreement

The Parent or Guardian agrees to:

- 1. Abide by the parent/Guardian Code of Conduct at all athletic events involving Lifestyle Christian School.
- 2. Know and understand the information covered in the Student-Athlete Handbook and encourage my son or daughter to abide by the Student-Athlete Handbook.
- 3. Encourage good sportsmanship by personally **demonstrating positive support for all players, coaches and game officials.**
- 4. Treat all players, coaches, fans and officials with respect, regardless of race, sex, creed or ability.

5. *I/we, the parent(s) or guardian of the student-athlete, acknowledge that I/we have read the terms of this Parent/Guardian Code of Conduct. I/we agree to conduct myself/ourselves according to the terms of this Code of Conduct. I/we also understand and agree that any violation of this code of conduct will be **cause for suspension, dismissal or permanent expulsion from future athletic contest. Non compliance with this code of conduct could change the status of your student-athletics position with the team and possibly with Lifestyle Christian School.** I have read, understand and agree to the parent/guardian code of conduct.*

Sign Name _____
 Print name _____
 Parent/Guardian Name _____

Sign name _____
 Print name _____
 Parent/Guardian Name _____

 Name of student-athlete

 Date

PLEASE SIGN AND RETURN THIS FORM TO THE DIRECTOR OF ATHLETICS OFFICE